

Navan Cougars Guidelines for Parents

All our Club and National governing body Basketball Ireland Rules and Regulations including COVID 19 procedures are available on our Website in the Download Page.

Club Related Notices

- No refunds will be issued after the first 2 Weeks of the Season
- Parents please retain this guideline page for personal use.
- All Club Rules and Regulations are available on our Website in the Download Page.
- Our main priority is the welfare of young players and we are committed to providing an environment, which will allow participants to perform to their best ability, free from bullying or intimidation.
- Try to be a role model for your child and maintain the highest standards of conduct with other parents, officials and organizers.
- Please encourage your child to play by the rules.
- Always behave responsibly on the sidelines and do not seek to unfairly affect the game on court or the players on court.
- Take care not to expose any junior player, intentionally or unintentionally, to embarrassment or disparagement by the use of flippant or sarcastic remarks.
- Set a good example by applauding good play on both sides, encourage mutual respect for team mates and opponents.
- Our Club is run by volunteer parents and players in the club and more help is always appreciated.
- Always recognize the value and importance of the volunteers who provide sporting/recreational opportunities for your child, to include referees, coaches, organizers and other players.
- It is important not to publicly question the judgement or honesty of referees, coaches or organizers but rather raise any questions you may later with club officials.
- Each team is run by the Coach with the assistance of a manager/s. Without these personnel it is not be possible to run a team.

- If there are not enough players on a team, the team may not go ahead, or may not enter the league but may still train only on a weekly basis
 - Coaches will assess the players/teams' abilities at the start of the season. From this assessment a decision will be made whether to enter the team in the league.
 - Due to the COVID 19 pandemic all players must bring their own basketball to training, (No Basketball No Training).
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All leagues are Competitive and as such Game time will be based on;

- Attendance at training
- Players making themselves available for AWAY and home matches.
- Player must make an effort to improve their personal skill levels (Passing, Shooting Dribbling and general fitness)
- It is the responsibility of the Parent/Guardian to accompany/collect their child to and from training.
- It is the responsibility of the Parent/Guardian to get their child to and from matches both home and away.
- Parents/Guardians may be required to stay in the hall at a training session to assist the coach stay within the clubs Child protection policy.